Sundays and holidays
Only valid: 18 October 2026 - 12 December 2026

M7
richting Station Centrum

Almere Buiten, Station Oostvaarders	**04:32**	**05:14**	**05:44**	**06:14**		**06:44**		**07:14**	**07:34**	**07:45**	**08:07**	**08:21**	**08:36**	**08:51**
Almere Buiten, Eilandenbuurt Noord	04:33	05:15	05:45	06:15		06:45		07:15	07:35	07:46	08:08	08:22	08:37	08:52
Almere Buiten, Eilandenbuurt Zuid	04:34	05:16	05:46	06:16		06:46		07:16	07:36	07:47	08:09	08:23	08:38	08:53
Almere Buiten, Regenboogbuurt Zuid	04:36	05:18	05:48	06:18		06:48		07:18	07:38	07:49	08:11	08:25	08:40	08:55
Almere Buiten, Regenboogbuurt Noord	04:37	05:19	05:49	06:19		06:49		07:19	07:39	07:50	08:12	08:26	08:41	08:56
Almere Buiten, Station Buiten	04:41	05:23	05:53	06:23	06:34	06:53	07:11	07:23	07:43	07:54	08:16	08:30	08:45	09:00
Almere Buiten, Bloemenbuurt	04:42	05:24	05:54	06:24	06:35	06:54	07:12	07:24	07:44	07:55	08:17	08:31	08:46	09:01
Almere Buiten, Faunabuurt	04:43	05:25	05:55	06:25	06:36	06:55	07:13	07:25	07:45	07:56	08:18	08:32	08:47	09:02
Almere Buiten, Landgoederenbuurt	04:45	05:27	05:57	06:27	06:38	06:57	07:15	07:27	07:47	07:58	08:20	08:34	08:49	09:04
Almere Stad, Tussen de Vaarten-N.	04:47	05:29	05:59	06:29	06:40	06:59	07:17	07:29	07:49	08:00	08:22	08:36	08:51	09:06
Almere Stad, Verzetswijk	04:49	05:31	06:01	06:31	06:42	07:01	07:19	07:31	07:51	08:02	08:24	08:38	08:53	09:08
Almere Stad, Station Parkwijk	04:50	05:32	06:02	06:32	06:43	07:02	07:20	07:32	07:52	08:03	08:25	08:39	08:54	09:09
Almere Stad, Parkwijk West	04:51	05:33	06:03	06:33	06:44	07:03	07:21	07:33	07:53	08:04	08:26	08:40	08:55	09:10
Almere Stad, Greta Garboplantsoen	04:53	05:35	06:05	06:35	06:46	07:05	07:23	07:35	07:55	08:06	08:28	08:42	08:57	09:12
Almere Stad, Flevoziekenhuis	04:54	05:36	06:06	06:36	06:47	07:06	07:24	07:36	07:56	08:07	08:29	08:43	08:58	09:13
Almere Stad, Stadhuisplein	04:55	05:37	06:07	06:37	06:48	07:07	07:25	07:37	07:57	08:08	08:30	08:44	08:59	09:14
Almere Stad, Station Centrum	**04:57**	**05:39**	**06:09**	**06:39**	**06:50**	**07:09**	**07:27**	**07:39**	**07:59**	**08:10**	**08:32**	**08:46**	**09:01**	**09:16**

Almere Buiten, Station Oostvaarders	**09:06**	**09:21**	**09:36**	**09:51**	**10:06**	**10:21**	**10:36**	**10:51**	**11:06**	**11:21**	**11:36**	**11:51**	**12:06**	**12:20**
Almere Buiten, Eilandenbuurt Noord	09:07	09:22	09:37	09:52	10:07	10:22	10:37	10:52	11:07	11:22	11:37	11:52	12:07	12:21
Almere Buiten, Eilandenbuurt Zuid	09:08	09:23	09:38	09:53	10:08	10:23	10:38	10:53	11:08	11:23	11:38	11:53	12:08	12:22
Almere Buiten, Regenboogbuurt Zuid	09:10	09:25	09:40	09:55	10:10	10:25	10:40	10:55	11:10	11:25	11:40	11:55	12:10	12:24
Almere Buiten, Regenboogbuurt Noord	09:11	09:26	09:41	09:56	10:11	10:26	10:41	10:56	11:11	11:26	11:41	11:56	12:11	12:25
Almere Buiten, Station Buiten	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:29
Almere Buiten, Bloemenbuurt	09:16	09:31	09:46	10:01	10:16	10:31	10:46	11:01	11:16	11:31	11:46	12:01	12:16	12:30
Almere Buiten, Faunabuurt	09:17	09:32	09:47	10:02	10:17	10:32	10:47	11:02	11:17	11:32	11:47	12:02	12:18	12:32
Almere Buiten, Landgoederenbuurt	09:19	09:34	09:49	10:04	10:19	10:34	10:49	11:04	11:19	11:34	11:49	12:04	12:20	12:34
Almere Stad, Tussen de Vaarten-N.	09:21	09:36	09:51	10:06	10:21	10:36	10:51	11:06	11:21	11:36	11:51	12:06	12:22	12:36
Almere Stad, Verzetswijk	09:23	09:38	09:53	10:08	10:23	10:38	10:53	11:08	11:23	11:38	11:53	12:08	12:24	12:38
Almere Stad, Station Parkwijk	09:24	09:39	09:54	10:09	10:24	10:39	10:54	11:09	11:24	11:39	11:54	12:09	12:25	12:39
Almere Stad, Parkwijk West	09:25	09:40	09:55	10:10	10:25	10:40	10:55	11:10	11:25	11:40	11:55	12:10	12:26	12:40
Almere Stad, Greta Garboplantsoen	09:27	09:42	09:57	10:12	10:27	10:42	10:57	11:12	11:27	11:42	11:57	12:12	12:28	12:42
Almere Stad, Flevoziekenhuis	09:28	09:43	09:58	10:13	10:28	10:43	10:58	11:13	11:28	11:43	11:58	12:13	12:29	12:43
Almere Stad, Stadhuisplein	09:29	09:44	09:59	10:14	10:29	10:44	10:59	11:14	11:29	11:44	11:59	12:14	12:30	12:44
Almere Stad, Station Centrum	**09:31**	**09:46**	**10:01**	**10:16**	**10:31**	**10:46**	**11:01**	**11:16**	**11:31**	**11:46**	**12:01**	**12:16**	**12:32**	**12:46**

Almere Buiten, Station Oostvaarders	**12:35**	**12:50**	**13:05**	**13:20**	**13:35**	**13:53**	**14:05**	**14:20**	**14:37**	**14:50**	**15:05**	**15:20**	**15:35**	**15:50**
Almere Buiten, Eilandenbuurt Noord	12:36	12:51	13:06	13:21	13:36	13:54	14:06	14:21	14:38	14:51	15:06	15:21	15:36	15:51
Almere Buiten, Eilandenbuurt Zuid	12:37	12:52	13:07	13:22	13:37	13:55	14:07	14:22	14:39	14:52	15:07	15:22	15:37	15:52
Almere Buiten, Regenboogbuurt Zuid	12:39	12:54	13:09	13:24	13:39	13:57	14:09	14:24	14:41	14:54	15:09	15:24	15:39	15:54
Almere Buiten, Regenboogbuurt Noord	12:40	12:55	13:10	13:25	13:40	13:58	14:10	14:25	14:42	14:55	15:10	15:25	15:40	15:55
Almere Buiten, Station Buiten	12:44	12:59	13:14	13:29	13:44	14:02	14:14	14:29	14:46	14:59	15:14	15:29	15:44	15:59
Almere Buiten, Bloemenbuurt	12:45	13:00	13:15	13:30	13:45	14:03	14:15	14:30	14:47	15:00	15:15	15:30	15:45	16:00
Almere Buiten, Faunabuurt	12:47	13:02	13:17	13:32	13:47	14:05	14:17	14:32	14:49	15:02	15:17	15:32	15:47	16:02
Almere Buiten, Landgoederenbuurt	12:49	13:04	13:19	13:34	13:49	14:07	14:19	14:34	14:51	15:04	15:19	15:34	15:49	16:04
Almere Stad, Tussen de Vaarten-N.	12:51	13:06	13:21	13:36	13:51	14:09	14:21	14:36	14:53	15:06	15:21	15:36	15:51	16:06
Almere Stad, Verzetswijk	12:53	13:08	13:23	13:38	13:53	14:11	14:23	14:38	14:55	15:08	15:23	15:38	15:53	16:08
Almere Stad, Station Parkwijk	12:54	13:09	13:24	13:39	13:54	14:12	14:24	14:39	14:56	15:09	15:24	15:39	15:54	16:09
Almere Stad, Parkwijk West	12:55	13:10	13:25	13:40	13:55	14:13	14:25	14:40	14:57	15:10	15:25	15:40	15:55	16:10
Almere Stad, Greta Garboplantsoen	12:57	13:12	13:27	13:42	13:57	14:15	14:27	14:42	14:59	15:12	15:27	15:42	15:57	16:12
Almere Stad, Flevoziekenhuis	12:58	13:13	13:28	13:43	13:58	14:16	14:28	14:43	15:00	15:13	15:28	15:43	15:58	16:13
Almere Stad, Stadhuisplein	12:59	13:14	13:29	13:44	13:59	14:17	14:29	14:44	15:01	15:14	15:29	15:44	15:59	16:14
Almere Stad, Station Centrum	**13:01**	**13:16**	**13:31**	**13:46**	**14:01**	**14:19**	**14:31**	**14:46**	**15:03**	**15:16**	**15:31**	**15:46**	**16:01**	**16:16**

Almere Buiten, Station Oostvaarders	**16:05**	**16:20**	**16:35**	**16:50**	**17:05**	**17:20**	**17:35**	**17:50**	**18:05**	**18:20**	**18:35**	**18:50**	**19:05**	**19:20**
Almere Buiten, Eilandenbuurt Noord	16:06	16:21	16:36	16:51	17:06	17:21	17:36	17:51	18:06	18:21	18:36	18:51	19:06	19:21
Almere Buiten, Eilandenbuurt Zuid	16:07	16:22	16:37	16:52	17:07	17:22	17:37	17:52	18:07	18:22	18:37	18:52	19:07	19:22
Almere Buiten, Regenboogbuurt Zuid	16:09	16:24	16:39	16:54	17:09	17:24	17:39	17:54	18:09	18:24	18:39	18:54	19:09	19:24
Almere Buiten, Regenboogbuurt Noord	16:10	16:25	16:40	16:55	17:10	17:25	17:40	17:55	18:10	18:25	18:40	18:55	19:10	19:25
Almere Buiten, Station Buiten	16:14	16:29	16:44	16:59	17:14	17:29	17:44	17:59	18:14	18:29	18:44	18:59	19:14	19:29
Almere Buiten, Bloemenbuurt	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30
Almere Buiten, Faunabuurt	16:17	16:32	16:47	17:02	17:17	17:32	17:47	18:02	18:17	18:32	18:47	19:02	19:16	19:31
Almere Buiten, Landgoederenbuurt	16:19	16:34	16:49	17:04	17:19	17:34	17:49	18:04	18:19	18:34	18:49	19:04	19:18	19:33
Almere Stad, Tussen de Vaarten-N.	16:21	16:36	16:51	17:06	17:21	17:36	17:51	18:06	18:21	18:36	18:51	19:06	19:20	19:35
Almere Stad, Verzetswijk	16:23	16:38	16:53	17:08	17:23	17:38	17:53	18:08	18:23	18:38	18:53	19:08	19:22	19:37
Almere Stad, Station Parkwijk	16:24	16:39	16:54	17:09	17:24	17:39	17:54	18:09	18:24	18:39	18:54	19:09	19:23	19:38
Almere Stad, Parkwijk West	16:25	16:40	16:55	17:10	17:25	17:40	17:55	18:10	18:25	18:40	18:55	19:10	19:24	19:39
Almere Stad, Greta Garboplantsoen	16:27	16:42	16:57	17:12	17:27	17:42	17:57	18:12	18:27	18:42	18:57	19:12	19:26	19:41
Almere Stad, Flevoziekenhuis	16:28	16:43	16:58	17:13	17:28	17:43	17:58	18:13	18:28	18:43	18:58	19:13	19:27	19:42
Almere Stad, Stadhuisplein	16:29	16:44	16:59	17:14	17:29	17:44	17:59	18:14	18:29	18:44	18:59	19:14	19:28	19:43
Almere Stad, Station Centrum	**16:31**	**16:46**	**17:01**	**17:16**	**17:31**	**17:46**	**18:01**	**18:16**	**18:31**	**18:46**	**19:01**	**19:16**	**19:30**	**19:45**

Almere Buiten, Station Oostvaarders	**19:36**	**19:51**	**20:05**	**20:20**	**20:35**	**20:50**	**21:05**	**21:20**	**21:35**	**21:50**	**22:05**	**22:20**	**22:35**	**22:50**
Almere Buiten, Eilandenbuurt Noord	19:37	19:52	20:06	20:21	20:36	20:51	21:06	21:21	21:36	21:51	22:06	22:21	22:36	22:51
Almere Buiten, Eilandenbuurt Zuid	19:38	19:53	20:07	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:37	22:52
Almere Buiten, Regenboogbuurt Zuid	19:40	19:55	20:09	20:24	20:39	20:54	21:09	21:24	21:39	21:54	22:09	22:24	22:39	22:54
Almere Buiten, Regenboogbuurt Noord	19:41	19:56	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:40	22:55
Almere Buiten, Station Buiten	19:45	20:00	20:14	20:29	20:44	20:59	21:14	21:29	21:44	21:59	22:14	22:29	22:44	22:59
Almere Buiten, Bloemenbuurt	19:46	20:01	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00	22:15	22:30	22:45	23:00
Almere Buiten, Faunabuurt	19:47	20:02	20:16	20:31	20:46	21:01	21:16	21:31	21:46	22:01	22:16	22:31	22:46	23:01
Almere Buiten, Landgoederenbuurt	19:49	20:04	20:18	20:33	20:48	21:03	21:18	21:33	21:48	22:03	22:18	22:33	22:48	23:03
Almere Stad, Tussen de Vaarten-N.	19:51	20:06	20:20	20:35	20:50	21:05	21:20	21:35	21:50	22:05	22:20	22:35	22:50	23:05
Almere Stad, Verzetswijk	19:53	20:08	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:37	22:52	23:07
Almere Stad, Station Parkwijk	19:54	20:09	20:23	20:38	20:53	21:08	21:23	21:38	21:53	22:08	22:23	22:38	22:53	23:08
Almere Stad, Parkwijk West	19:55	20:10	20:24	20:39	20:54	21:09	21:24	21:39	21:54	22:09	22:24	22:39	22:54	23:09
Almere Stad, Greta Garboplantsoen	19:57	20:12	20:26	20:41	20:56	21:11	21:26	21:41	21:56	22:11	22:26	22:41	22:56	23:11
Almere Stad, Flevoziekenhuis	19:58	20:13	20:27	20:42	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:42	22:57	23:12
Almere Stad, Stadhuisplein	19:59	20:14	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:13	22:28	22:43	22:58	23:13
Almere Stad, Station Centrum	**20:01**	**20:16**	**20:30**	**20:45**	**21:00**	**21:15**	**21:30**	**21:45**	**22:00**	**22:15**	**22:30**	**22:45**	**23:00**	**23:15**

Almere Buiten, Station Oostvaarders	**23:05**	**23:20**	**23:35**	**23:50**	**00:05**	**00:20**	**00:35**	**00:50**	**01:05**	**01:20**	**01:51**
Almere Buiten, Eilandenbuurt Noord	23:06	23:21	23:36	23:51	00:06	00:21	00:36	00:51	01:06	01:21	01:52
Almere Buiten, Eilandenbuurt Zuid	23:07	23:22	23:37	23:52	00:07	00:22	00:37	00:52	01:07	01:22	01:53
Almere Buiten, Regenboogbuurt Zuid	23:09	23:24	23:39	23:54	00:09	00:24	00:39	00:54	01:09	01:24	01:55
Almere Buiten, Regenboogbuurt Noord	23:10	23:25	23:40	23:55	00:10	00:25	00:40	00:55	01:10	01:25	01:56
Almere Buiten, Station Buiten	23:14	23:29	23:44	23:59	00:14	00:29	00:44	00:59	01:14	01:29	02:00
Almere Buiten, Bloemenbuurt	23:15	23:30	23:45	00:00	00:15	00:30	00:45	01:00	01:15	01:30	02:01
Almere Buiten, Faunabuurt	23:16	23:31	23:46	00:01	00:16	00:31	00:46	01:01	01:16	01:31	02:02
Almere Buiten, Landgoederenbuurt	23:18	23:33	23:48	00:03	00:18	00:33	00:48	01:03	01:18	01:33	02:04
Almere Stad, Tussen de Vaarten-N.	23:20	23:35	23:50	00:05	00:20	00:35	00:50	01:05	01:20	01:35	02:06
Almere Stad, Verzetswijk	23:22	23:37	23:52	00:07	00:22	00:37	00:52	01:07	01:22	01:37	02:08
Almere Stad, Station Parkwijk	23:23	23:38	23:53	00:08	00:23	00:38	00:53	01:08	01:23	01:38	02:09
Almere Stad, Parkwijk West	23:24	23:39	23:54	00:09	00:24	00:39	00:54	01:09	01:24	01:39	02:10
Almere Stad, Greta Garboplantsoen	23:26	23:41	23:56	00:11	00:26	00:41	00:56	01:11	01:26	01:41	02:12
Almere Stad, Flevoziekenhuis	23:27	23:42	23:57	00:12	00:27	00:42	00:57	01:12	01:27	01:42	02:13
Almere Stad, Stadhuisplein	23:28	23:43	23:58	00:13	00:28	00:43	00:58	01:13	01:28	01:43	02:14
Almere Stad, Station Centrum	**23:30**	**23:45**	**00:00**	**00:15**	**00:30**	**00:45**	**01:00**	**01:15**	**01:30**	**01:45**	**02:16**