Sundays and holidays
Only valid: 18 October 2026 - 12 December 2026

M7
richting Oostvaarders

Almere Stad, Station Centrum	**05:17**	**05:47**	**06:17**	**06:47**	**07:18**	**07:40**	**07:54**	**08:09**	**08:24**	**08:39**	**08:54**	**09:09**	**09:24**	**09:39**
Almere Stad, Stadhuisplein	05:18	05:48	06:18	06:48	07:19	07:41	07:55	08:10	08:25	08:40	08:55	09:10	09:25	09:40
Almere Stad, Flevoziekenhuis	05:20	05:50	06:20	06:50	07:21	07:43	07:57	08:12	08:27	08:42	08:57	09:12	09:27	09:42
Almere Stad, Greta Garboplantsoen	05:21	05:51	06:21	06:51	07:22	07:44	07:58	08:13	08:28	08:43	08:58	09:13	09:28	09:43
Almere Stad, Parkwijk West	05:22	05:52	06:22	06:52	07:23	07:45	07:59	08:14	08:29	08:44	08:59	09:14	09:29	09:44
Almere Stad, Station Parkwijk	05:24	05:54	06:24	06:54	07:25	07:47	08:01	08:16	08:31	08:46	09:01	09:16	09:31	09:46
Almere Stad, Verzetswijk	05:24	05:54	06:24	06:54	07:25	07:47	08:01	08:16	08:31	08:46	09:01	09:16	09:31	09:46
Almere Stad, Tussen de Vaarten-N.	05:26	05:56	06:26	06:56	07:27	07:49	08:03	08:18	08:33	08:48	09:03	09:18	09:33	09:48
Almere Buiten, Landgoederenbuurt	05:28	05:58	06:28	06:58	07:29	07:51	08:05	08:20	08:35	08:50	09:05	09:20	09:35	09:50
Almere Buiten, Faunabuurt	05:29	05:59	06:29	06:59	07:30	07:52	08:06	08:21	08:36	08:51	09:06	09:21	09:36	09:51
Almere Buiten, Bloemenbuurt	05:31	06:01	06:31	07:01	07:32	07:54	08:08	08:23	08:38	08:53	09:08	09:23	09:38	09:53
Almere Buiten, Station Buiten	05:34	06:04	06:34	07:04	07:35	07:57	08:11	08:26	08:41	08:56	09:11	09:26	09:41	09:56
Almere Buiten, Regenboogbuurt Noord	05:37	06:07	06:37	07:07	07:38	08:00	08:14	08:29	08:44	08:59	09:14	09:29	09:44	09:59
Almere Buiten, Regenboogbuurt Zuid	05:38	06:08	06:38	07:08	07:39	08:01	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00
Almere Buiten, Eilandenbuurt Zuid	05:40	06:10	06:40	07:10	07:41	08:03	08:17	08:32	08:47	09:02	09:17	09:32	09:47	10:02
Almere Buiten, Eilandenbuurt Noord	05:41	06:11	06:41	07:11	07:42	08:04	08:18	08:33	08:48	09:03	09:18	09:33	09:48	10:03
Almere Buiten, Station Oostvaarders	**05:43**	**06:13**	**06:43**	**07:13**	**07:44**	**08:06**	**08:20**	**08:35**	**08:50**	**09:05**	**09:20**	**09:35**	**09:50**	**10:05**

Almere Stad, Station Centrum	**09:54**	**10:09**	**10:24**	**10:39**	**10:54**	**11:09**	**11:24**	**11:39**	**11:53**	**12:08**	**12:23**	**12:38**	**12:53**	**13:08**
Almere Stad, Stadhuisplein	09:55	10:10	10:25	10:40	10:55	11:10	11:25	11:40	11:54	12:09	12:24	12:39	12:54	13:09
Almere Stad, Flevoziekenhuis	09:57	10:12	10:27	10:42	10:57	11:12	11:27	11:42	11:56	12:11	12:26	12:41	12:56	13:11
Almere Stad, Greta Garboplantsoen	09:58	10:13	10:28	10:43	10:58	11:13	11:28	11:43	11:57	12:12	12:27	12:42	12:57	13:12
Almere Stad, Parkwijk West	09:59	10:14	10:29	10:44	10:59	11:14	11:29	11:44	11:58	12:13	12:28	12:43	12:58	13:13
Almere Stad, Station Parkwijk	10:01	10:16	10:31	10:46	11:01	11:16	11:31	11:46	12:00	12:15	12:30	12:45	13:00	13:15
Almere Stad, Verzetswijk	10:01	10:16	10:31	10:46	11:01	11:16	11:31	11:46	12:00	12:15	12:30	12:45	13:00	13:15
Almere Stad, Tussen de Vaarten-N.	10:03	10:18	10:33	10:48	11:03	11:18	11:33	11:48	12:02	12:17	12:32	12:47	13:02	13:17
Almere Buiten, Landgoederenbuurt	10:05	10:20	10:35	10:50	11:05	11:20	11:35	11:50	12:04	12:19	12:34	12:49	13:04	13:19
Almere Buiten, Faunabuurt	10:06	10:21	10:36	10:51	11:06	11:21	11:36	11:51	12:05	12:20	12:35	12:50	13:05	13:20
Almere Buiten, Bloemenbuurt	10:08	10:23	10:38	10:53	11:08	11:23	11:38	11:53	12:07	12:22	12:37	12:52	13:07	13:22
Almere Buiten, Station Buiten	10:11	10:26	10:41	10:56	11:11	11:26	11:41	11:56	12:10	12:25	12:40	12:55	13:10	13:25
Almere Buiten, Regenboogbuurt Noord	10:14	10:29	10:44	10:59	11:14	11:29	11:44	11:59	12:13	12:28	12:43	12:58	13:13	13:28
Almere Buiten, Regenboogbuurt Zuid	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:14	12:29	12:44	12:59	13:14	13:29
Almere Buiten, Eilandenbuurt Zuid	10:17	10:32	10:47	11:02	11:17	11:32	11:47	12:02	12:16	12:30	12:45	13:00	13:15	13:30
Almere Buiten, Eilandenbuurt Noord	10:18	10:33	10:48	11:03	11:18	11:33	11:48	12:03	12:17	12:31	12:46	13:01	13:16	13:31
Almere Buiten, Station Oostvaarders	**10:20**	**10:35**	**10:50**	**11:05**	**11:20**	**11:35**	**11:50**	**12:05**	**12:19**	**12:33**	**12:48**	**13:03**	**13:18**	**13:33**

Almere Stad, Station Centrum	**13:26**	**13:38**	**13:53**	**14:10**	**14:23**	**14:38**	**14:53**	**15:08**	**15:23**	**15:38**	**15:53**	**16:08**	**16:23**	**16:38**
Almere Stad, Stadhuisplein	13:27	13:39	13:54	14:11	14:24	14:39	14:54	15:09	15:24	15:39	15:54	16:09	16:24	16:39
Almere Stad, Flevoziekenhuis	13:29	13:41	13:56	14:13	14:26	14:41	14:56	15:11	15:26	15:41	15:56	16:11	16:26	16:41
Almere Stad, Greta Garboplantsoen	13:30	13:42	13:57	14:14	14:27	14:42	14:57	15:12	15:27	15:42	15:57	16:12	16:27	16:42
Almere Stad, Parkwijk West	13:31	13:43	13:58	14:15	14:28	14:43	14:58	15:13	15:28	15:43	15:58	16:13	16:28	16:43
Almere Stad, Station Parkwijk	13:33	13:45	14:00	14:17	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45
Almere Stad, Verzetswijk	13:33	13:45	14:00	14:17	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45
Almere Stad, Tussen de Vaarten-N.	13:35	13:47	14:02	14:19	14:32	14:47	15:02	15:17	15:32	15:47	16:02	16:17	16:32	16:47
Almere Buiten, Landgoederenbuurt	13:37	13:49	14:04	14:21	14:34	14:49	15:04	15:19	15:34	15:49	16:04	16:19	16:34	16:49
Almere Buiten, Faunabuurt	13:38	13:50	14:05	14:22	14:35	14:50	15:05	15:20	15:35	15:50	16:05	16:20	16:35	16:50
Almere Buiten, Bloemenbuurt	13:40	13:52	14:07	14:24	14:37	14:52	15:07	15:22	15:37	15:52	16:07	16:22	16:37	16:52
Almere Buiten, Station Buiten	13:43	13:55	14:10	14:27	14:40	14:55	15:10	15:25	15:40	15:55	16:10	16:25	16:40	16:55
Almere Buiten, Regenboogbuurt Noord	13:46	13:58	14:13	14:30	14:43	14:58	15:13	15:28	15:43	15:58	16:13	16:28	16:43	16:58
Almere Buiten, Regenboogbuurt Zuid	13:47	13:59	14:14	14:31	14:44	14:59	15:14	15:29	15:44	15:59	16:14	16:29	16:44	16:59
Almere Buiten, Eilandenbuurt Zuid	13:48	14:00	14:15	14:32	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00
Almere Buiten, Eilandenbuurt Noord	13:49	14:01	14:16	14:33	14:46	15:01	15:16	15:31	15:46	16:01	16:16	16:31	16:46	17:01
Almere Buiten, Station Oostvaarders	**13:51**	**14:03**	**14:18**	**14:35**	**14:48**	**15:03**	**15:18**	**15:33**	**15:48**	**16:03**	**16:18**	**16:33**	**16:48**	**17:03**

Almere Stad, Station Centrum	**16:53**	**17:08**	**17:23**	**17:38**	**17:53**	**18:08**	**18:23**	**18:38**	**18:53**	**19:09**	**19:24**	**19:38**	**19:53**	**20:08**
Almere Stad, Stadhuisplein	16:54	17:09	17:24	17:39	17:54	18:09	18:24	18:39	18:54	19:10	19:25	19:39	19:54	20:09
Almere Stad, Flevoziekenhuis	16:56	17:11	17:26	17:41	17:56	18:11	18:26	18:41	18:56	19:12	19:27	19:41	19:56	20:11
Almere Stad, Greta Garboplantsoen	16:57	17:12	17:27	17:42	17:57	18:12	18:27	18:42	18:57	19:13	19:28	19:42	19:57	20:12
Almere Stad, Parkwijk West	16:58	17:13	17:28	17:43	17:58	18:13	18:28	18:43	18:58	19:14	19:29	19:43	19:58	20:13
Almere Stad, Station Parkwijk	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:16	19:31	19:45	20:00	20:15
Almere Stad, Verzetswijk	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:16	19:31	19:45	20:00	20:15
Almere Stad, Tussen de Vaarten-N.	17:02	17:17	17:32	17:47	18:02	18:17	18:32	18:47	19:02	19:18	19:33	19:47	20:02	20:17
Almere Buiten, Landgoederenbuurt	17:04	17:19	17:34	17:49	18:04	18:19	18:34	18:49	19:04	19:20	19:35	19:49	20:04	20:19
Almere Buiten, Faunabuurt	17:05	17:20	17:35	17:50	18:05	18:20	18:35	18:50	19:05	19:21	19:36	19:50	20:05	20:20
Almere Buiten, Bloemenbuurt	17:07	17:22	17:37	17:52	18:07	18:22	18:37	18:52	19:07	19:23	19:38	19:52	20:07	20:22
Almere Buiten, Station Buiten	17:10	17:25	17:40	17:55	18:10	18:25	18:40	18:55	19:10	19:26	19:41	19:55	20:10	20:25
Almere Buiten, Regenboogbuurt Noord	17:13	17:28	17:43	17:58	18:13	18:28	18:43	18:58	19:13	19:29	19:44	19:58	20:13	20:28
Almere Buiten, Regenboogbuurt Zuid	17:14	17:29	17:44	17:59	18:14	18:29	18:44	18:59	19:14	19:30	19:45	19:59	20:14	20:29
Almere Buiten, Eilandenbuurt Zuid	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:31	19:46	20:00	20:15	20:30
Almere Buiten, Eilandenbuurt Noord	17:16	17:31	17:46	18:01	18:16	18:31	18:46	19:01	19:16	19:32	19:47	20:01	20:16	20:31
Almere Buiten, Station Oostvaarders	**17:18**	**17:33**	**17:48**	**18:03**	**18:18**	**18:33**	**18:48**	**19:03**	**19:18**	**19:34**	**19:49**	**20:03**	**20:18**	**20:33**

Almere Stad, Station Centrum	**20:23**	**20:38**	**20:53**	**21:08**	**21:23**	**21:38**	**21:53**	**22:08**	**22:23**	**22:38**	**22:53**	**23:08**	**23:23**	**23:38**
Almere Stad, Stadhuisplein	20:24	20:39	20:54	21:09	21:24	21:39	21:54	22:09	22:24	22:39	22:54	23:09	23:24	23:39
Almere Stad, Flevoziekenhuis	20:26	20:41	20:56	21:11	21:26	21:41	21:56	22:11	22:26	22:41	22:56	23:11	23:26	23:41
Almere Stad, Greta Garboplantsoen	20:27	20:42	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:42	22:57	23:12	23:27	23:42
Almere Stad, Parkwijk West	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:13	22:28	22:43	22:58	23:13	23:28	23:43
Almere Stad, Station Parkwijk	20:30	20:45	21:00	21:15	21:30	21:45	22:00	22:15	22:30	22:45	23:00	23:15	23:30	23:45
Almere Stad, Verzetswijk	20:30	20:45	21:00	21:15	21:30	21:45	22:00	22:15	22:30	22:45	23:00	23:15	23:30	23:45
Almere Stad, Tussen de Vaarten-N.	20:32	20:47	21:02	21:17	21:32	21:47	22:02	22:17	22:32	22:47	23:02	23:17	23:32	23:47
Almere Buiten, Landgoederenbuurt	20:34	20:49	21:04	21:19	21:34	21:49	22:04	22:19	22:34	22:49	23:04	23:19	23:34	23:49
Almere Buiten, Faunabuurt	20:35	20:50	21:05	21:20	21:35	21:50	22:05	22:20	22:35	22:50	23:05	23:20	23:35	23:50
Almere Buiten, Bloemenbuurt	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:37	22:52	23:07	23:22	23:37	23:52
Almere Buiten, Station Buiten	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:40	22:55	23:10	23:25	23:40	23:55
Almere Buiten, Regenboogbuurt Noord	20:43	20:58	21:13	21:28	21:43	21:58	22:13	22:28	22:43	22:58	23:13	23:28	23:43	23:58
Almere Buiten, Regenboogbuurt Zuid	20:44	20:59	21:14	21:29	21:44	21:59	22:14	22:29	22:44	22:59	23:14	23:29	23:44	23:59
Almere Buiten, Eilandenbuurt Zuid	20:45	21:00	21:15	21:30	21:45	22:00	22:15	22:30	22:45	23:00	23:15	23:30	23:45	00:00
Almere Buiten, Eilandenbuurt Noord	20:46	21:01	21:16	21:31	21:46	22:01	22:16	22:31	22:46	23:01	23:16	23:31	23:46	00:01
Almere Buiten, Station Oostvaarders	**20:48**	**21:03**	**21:18**	**21:33**	**21:48**	**22:03**	**22:18**	**22:33**	**22:48**	**23:03**	**23:18**	**23:33**	**23:48**	**00:03**

Almere Stad, Station Centrum	**23:53**	**00:08**	**00:23**	**00:38**	**00:53**	**01:05**	**01:24**	**01:56**
Almere Stad, Stadhuisplein	23:54	00:09	00:24	00:39	00:54	01:06	01:25	01:57
Almere Stad, Flevoziekenhuis	23:56	00:11	00:26	00:41	00:56	01:08	01:27	01:59
Almere Stad, Greta Garboplantsoen	23:57	00:12	00:27	00:42	00:57	01:09	01:28	02:00
Almere Stad, Parkwijk West	23:58	00:13	00:28	00:43	00:58	01:10	01:29	02:01
Almere Stad, Station Parkwijk	00:00	00:15	00:30	00:45	01:00	01:12	01:31	02:03
Almere Stad, Verzetswijk	00:00	00:15	00:30	00:45	01:00	01:12	01:31	02:03
Almere Stad, Tussen de Vaarten-N.	00:02	00:17	00:32	00:47	01:02	01:14	01:33	02:05
Almere Buiten, Landgoederenbuurt	00:04	00:19	00:34	00:49	01:04	01:16	01:35	02:07
Almere Buiten, Faunabuurt	00:05	00:20	00:35	00:50	01:05	01:17	01:36	02:08
Almere Buiten, Bloemenbuurt	00:07	00:22	00:37	00:52	01:07	01:19	01:38	02:10
Almere Buiten, Station Buiten	00:10	00:25	00:40	00:55	01:10	01:22	01:41	02:13
Almere Buiten, Regenboogbuurt Noord	00:13	00:28	00:43	00:58	01:13	01:25	01:44	02:16
Almere Buiten, Regenboogbuurt Zuid	00:14	00:29	00:44	00:59	01:14	01:26	01:45	02:17
Almere Buiten, Eilandenbuurt Zuid	00:15	00:30	00:45	01:00	01:15	01:27	01:46	02:18
Almere Buiten, Eilandenbuurt Noord	00:16	00:31	00:46	01:01	01:16	01:28	01:47	02:19
Almere Buiten, Station Oostvaarders	**00:18**	**00:33**	**00:48**	**01:03**	**01:18**	**01:30**	**01:49**	**02:21**