maandag t/m vrijdag
Alleen geldig: 18 October 2026 - 12 December 2026

M7
richting Oostvaarders

Almere Stad, Station Centrum	**04:46**	**04:59**	**05:15**	**05:31**	**05:42**	**06:01**	**06:16**	**06:31**	**06:44**	**06:52**	**06:59**	**07:06**	**07:15**	**07:21**
Almere Stad, Stadhuisplein	04:47	05:00	05:16	05:32	05:43	06:02	06:17	06:32	06:45	06:53	07:00	07:07	07:16	07:22
Almere Stad, Flevoziekenhuis	04:48	05:01	05:17	05:33	05:44	06:03	06:18	06:33	06:46	06:54	07:01	07:08	07:17	07:23
Almere Stad, Greta Garboplantsoen	04:49	05:02	05:18	05:34	05:45	06:04	06:19	06:34	06:47	06:55	07:02	07:09	07:18	07:24
Almere Stad, Parkwijk West	04:51	05:04	05:20	05:36	05:47	06:06	06:21	06:36	06:49	06:57	07:04	07:11	07:20	07:26
Almere Stad, Station Parkwijk	04:53	05:06	05:22	05:38	05:49	06:08	06:23	06:38	06:51	06:59	07:06	07:13	07:22	07:28
Almere Stad, Verzetswijk	04:53	05:06	05:22	05:38	05:49	06:08	06:23	06:38	06:51	06:59	07:06	07:13	07:22	07:28
Almere Stad, Tussen de Vaarten-N.	04:55	05:08	05:24	05:40	05:51	06:10	06:25	06:40	06:53	07:01	07:08	07:15	07:24	07:30
Almere Buiten, Landgoederenbuurt	04:57	05:10	05:26	05:42	05:53	06:12	06:27	06:42	06:55	07:03	07:10	07:17	07:26	07:32
Almere Buiten, Faunabuurt	04:58	05:11	05:27	05:43	05:54	06:13	06:28	06:43	06:56	07:04	07:11	07:18	07:27	07:33
Almere Buiten, Bloemenbuurt	05:00	05:13	05:29	05:45	05:56	06:15	06:30	06:45	06:58	07:06	07:13	07:20	07:29	07:35
Almere Buiten, Station Buiten	05:03	05:16	05:32	05:48	05:59	06:18	06:33	06:48	07:01	07:09	07:16	07:23	07:32	07:38
Almere Buiten, Regenboogbuurt Noord	05:06	05:19	05:35	05:51	06:02	06:21	06:36	06:51	07:04	07:12	07:19	07:26	07:35	07:41
Almere Buiten, Regenboogbuurt Zuid	05:07	05:20	05:36	05:52	06:03	06:22	06:37	06:52	07:05	07:13	07:20	07:28	07:37	07:43
Almere Buiten, Eilandenbuurt Zuid	05:08	05:21	05:37	05:53	06:04	06:23	06:38	06:53	07:06	07:14	07:21	07:29	07:38	07:44
Almere Buiten, Eilandenbuurt Noord	05:09	05:22	05:38	05:54	06:05	06:24	06:39	06:54	07:07	07:15	07:22	07:30	07:39	07:45
Almere Buiten, Station Oostvaarders	**05:11**	**05:24**	**05:40**	**05:56**	**06:07**	**06:26**	**06:41**	**06:56**	**07:09**	**07:17**	**07:24**	**07:32**	**07:41**	**07:47**

Almere Stad, Station Centrum	**07:29**	**07:37**	**07:45**	**07:51**	**07:59**	**08:07**	**08:14**	**08:23**	**08:32**	**08:44**	**08:51**	**08:58**	**09:06**	**09:14**
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Almere Stad, Flevoziekenhuis	07:31	07:39	07:47	07:53	08:01	08:09	08:16	08:25	08:34	08:46	08:53	09:00	09:08	09:16
Almere Stad, Greta Garboplantsoen	07:32	07:40	07:48	07:54	08:02	08:10	08:17	08:26	08:35	08:47	08:54	09:01	09:09	09:17
Almere Stad, Parkwijk West	07:34	07:42	07:50	07:56	08:04	08:12	08:19	08:28	08:37	08:49	08:56	09:03	09:11	09:19
Almere Stad, Station Parkwijk	07:36	07:44	07:52	07:58	08:06	08:14	08:21	08:30	08:39	08:51	08:58	09:05	09:13	09:21
Almere Stad, Verzetswijk	07:36	07:44	07:52	07:58	08:06	08:14	08:21	08:30	08:39	08:51	08:58	09:05	09:13	09:21
Almere Stad, Tussen de Vaarten-N.	07:38	07:46	07:54	08:00	08:08	08:16	08:23	08:32	08:41	08:53	09:00	09:07	09:15	09:23
Almere Buiten, Landgoederenbuurt	07:40	07:48	07:56	08:02	08:10	08:18	08:25	08:34	08:43	08:55	09:02	09:09	09:17	09:25
Almere Buiten, Faunabuurt	07:41	07:49	07:57	08:03	08:11	08:19	08:26	08:35	08:44	08:56	09:03	09:10	09:18	09:26
Almere Buiten, Bloemenbuurt	07:43	07:51	07:59	08:05	08:13	08:21	08:28	08:37	08:46	08:58	09:05	09:12	09:20	09:28
Almere Buiten, Station Buiten	07:46	07:54	08:02	08:08	08:16	08:24	08:31	08:40	08:49	09:01	09:08	09:15	09:23	09:31
Almere Buiten, Regenboogbuurt Noord	07:49	07:57	08:05	08:11	08:19	08:27	08:34	08:43	08:52	09:04	09:11	09:18	09:26	09:34
Almere Buiten, Regenboogbuurt Zuid	07:51	07:59	08:07	08:13	08:21	08:29	08:36	08:45	08:54	09:06	09:13	09:20	09:28	09:36
Almere Buiten, Eilandenbuurt Zuid	07:52	08:00	08:08	08:14	08:22	08:30	08:37	08:46	08:55	09:07	09:14	09:21	09:29	09:37
Almere Buiten, Eilandenbuurt Noord	07:53	08:01	08:09	08:15	08:23	08:31	08:38	08:47	08:56	09:08	09:15	09:22	09:30	09:38
Almere Buiten, Station Oostvaarders	**07:55**	**08:03**	**08:11**	**08:17**	**08:25**	**08:33**	**08:40**	**08:49**	**08:58**	**09:10**	**09:17**	**09:24**	**09:32**	**09:40**

Almere Stad, Station Centrum	**09:24**	**09:34**	**09:45**	**09:58**	**10:06**	**10:14**	**10:26**	**10:34**	**10:44**	**10:54**	**11:04**	**11:14**	**11:24**	**11:34**
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Almere Stad, Flevoziekenhuis	09:26	09:36	09:47	10:00	10:08	10:16	10:28	10:36	10:46	10:56	11:06	11:16	11:26	11:36
Almere Stad, Greta Garboplantsoen	09:27	09:37	09:48	10:01	10:09	10:17	10:29	10:37	10:47	10:57	11:07	11:17	11:27	11:37
Almere Stad, Parkwijk West	09:29	09:39	09:50	10:03	10:11	10:19	10:31	10:39	10:49	10:59	11:09	11:19	11:29	11:39
Almere Stad, Station Parkwijk	09:31	09:41	09:52	10:05	10:13	10:21	10:33	10:41	10:51	11:01	11:11	11:21	11:31	11:41
Almere Stad, Verzetswijk	09:31	09:41	09:52	10:05	10:13	10:21	10:33	10:41	10:51	11:01	11:11	11:21	11:31	11:41
Almere Stad, Tussen de Vaarten-N.	09:33	09:43	09:54	10:07	10:15	10:23	10:35	10:43	10:53	11:03	11:13	11:23	11:33	11:43
Almere Buiten, Landgoederenbuurt	09:35	09:45	09:56	10:09	10:17	10:25	10:37	10:45	10:55	11:05	11:15	11:25	11:35	11:45
Almere Buiten, Faunabuurt	09:36	09:46	09:57	10:10	10:18	10:26	10:38	10:46	10:56	11:06	11:16	11:26	11:36	11:46
Almere Buiten, Bloemenbuurt	09:38	09:48	09:59	10:12	10:20	10:28	10:40	10:48	10:58	11:08	11:18	11:28	11:38	11:48
Almere Buiten, Station Buiten	09:41	09:51	10:02	10:15	10:23	10:31	10:43	10:51	11:01	11:11	11:21	11:31	11:41	11:51
Almere Buiten, Regenboogbuurt Noord	09:44	09:54	10:05	10:18	10:26	10:34	10:46	10:54	11:04	11:14	11:24	11:34	11:44	11:54
Almere Buiten, Regenboogbuurt Zuid	09:46	09:56	10:07	10:20	10:28	10:36	10:48	10:56	11:06	11:16	11:26	11:36	11:46	11:56
Almere Buiten, Eilandenbuurt Zuid	09:47	09:57	10:08	10:21	10:29	10:37	10:49	10:57	11:07	11:17	11:27	11:37	11:47	11:57
Almere Buiten, Eilandenbuurt Noord	09:48	09:58	10:09	10:22	10:30	10:38	10:50	10:58	11:08	11:18	11:28	11:38	11:48	11:58
Almere Buiten, Station Oostvaarders	**09:50**	**10:00**	**10:11**	**10:24**	**10:32**	**10:40**	**10:52**	**11:00**	**11:10**	**11:20**	**11:30**	**11:40**	**11:50**	**12:00**

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Almere Stad, Flevoziekenhuis	11:46	11:56	12:06	12:17	12:26	12:36	12:47	12:56	13:05	13:16	13:26	13:36	13:46	13:54
Almere Stad, Greta Garboplantsoen	11:47	11:57	12:07	12:18	12:27	12:37	12:48	12:57	13:06	13:17	13:27	13:37	13:47	13:55
Almere Stad, Parkwijk West	11:49	11:59	12:09	12:20	12:29	12:39	12:50	12:59	13:08	13:19	13:29	13:39	13:49	13:57
Almere Stad, Station Parkwijk	11:51	12:01	12:11	12:22	12:31	12:41	12:52	13:01	13:10	13:21	13:31	13:42	13:52	14:00
Almere Stad, Verzetswijk	11:51	12:01	12:11	12:22	12:31	12:41	12:52	13:01	13:10	13:21	13:31	13:42	13:52	14:00
Almere Stad, Tussen de Vaarten-N.	11:53	12:03	12:13	12:24	12:33	12:43	12:54	13:03	13:12	13:23	13:33	13:44	13:54	14:02
Almere Buiten, Landgoederenbuurt	11:55	12:05	12:15	12:26	12:35	12:45	12:56	13:05	13:14	13:25	13:35	13:46	13:56	14:04
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Almere Buiten, Bloemenbuurt	11:58	12:08	12:18	12:29	12:38	12:48	12:59	13:08	13:17	13:28	13:38	13:49	13:59	14:07
Almere Buiten, Station Buiten	12:01	12:11	12:21	12:32	12:41	12:51	13:02	13:11	13:20	13:31	13:41	13:52	14:02	14:10
Almere Buiten, Regenboogbuurt Noord	12:04	12:14	12:24	12:35	12:44	12:54	13:05	13:14	13:23	13:34	13:44	13:55	14:05	14:13
Almere Buiten, Regenboogbuurt Zuid	12:06	12:16	12:26	12:37	12:46	12:56	13:07	13:16	13:25	13:36	13:46	13:57	14:07	14:15
Almere Buiten, Eilandenbuurt Zuid	12:07	12:17	12:27	12:38	12:47	12:57	13:08	13:17	13:26	13:37	13:47	13:58	14:08	14:16
Almere Buiten, Eilandenbuurt Noord	12:08	12:18	12:28	12:39	12:48	12:58	13:09	13:18	13:27	13:38	13:48	13:59	14:09	14:17
Almere Buiten, Station Oostvaarders	**12:10**	**12:20**	**12:30**	**12:41**	**12:50**	**13:00**	**13:11**	**13:20**	**13:29**	**13:40**	**13:50**	**14:01**	**14:11**	**14:19**

Almere Stad, Station Centrum	**13:58**	**14:04**	**14:11**	**14:20**	**14:26**	**14:35**	**14:46**	**14:52**	**14:59**	**15:07**	**15:14**	**15:20**	**15:29**	**15:35**
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Almere Stad, Flevoziekenhuis	14:00	14:06	14:13	14:22	14:28	14:37	14:48	14:54	15:01	15:09	15:16	15:22	15:31	15:37
Almere Stad, Greta Garboplantsoen	14:01	14:07	14:14	14:23	14:29	14:38	14:49	14:55	15:02	15:10	15:17	15:23	15:32	15:38
Almere Stad, Parkwijk West	14:03	14:09	14:16	14:25	14:31	14:40	14:51	14:57	15:04	15:12	15:19	15:25	15:34	15:40
Almere Stad, Station Parkwijk	14:06	14:12	14:19	14:28	14:34	14:43	14:54	15:00	15:07	15:15	15:22	15:28	15:37	15:43
Almere Stad, Verzetswijk	14:06	14:12	14:19	14:28	14:34	14:43	14:54	15:00	15:07	15:15	15:22	15:28	15:37	15:43
Almere Stad, Tussen de Vaarten-N.	14:08	14:14	14:21	14:30	14:36	14:45	14:56	15:02	15:09	15:17	15:24	15:30	15:39	15:45
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Almere Buiten, Faunabuurt	14:11	14:17	14:24	14:33	14:39	14:48	14:59	15:05	15:12	15:20	15:27	15:33	15:42	15:48
Almere Buiten, Bloemenbuurt	14:13	14:19	14:26	14:35	14:41	14:50	15:01	15:07	15:14	15:22	15:29	15:35	15:44	15:50
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Almere Buiten, Regenboogbuurt Noord	14:19	14:25	14:32	14:41	14:47	14:56	15:07	15:13	15:20	15:28	15:35	15:41	15:50	15:56
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Almere Buiten, Eilandenbuurt Noord	14:23	14:29	14:36	14:45	14:51	15:00	15:11	15:17	15:24	15:32	15:39	15:45	15:54	16:00
Almere Buiten, Station Oostvaarders	**14:25**	**14:31**	**14:38**	**14:47**	**14:53**	**15:02**	**15:13**	**15:19**	**15:26**	**15:34**	**15:41**	**15:47**	**15:56**	**16:02**

Almere Stad, Station Centrum	**15:44**	**15:52**	**15:59**	**16:07**	**16:14**	**16:21**	**16:29**	**16:37**	**16:43**	**16:52**	**17:00**	**17:09**	**17:14**	**17:22**
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Almere Stad, Greta Garboplantsoen	15:47	15:55	16:02	16:10	16:17	16:24	16:32	16:40	16:46	16:55	17:03	17:12	17:17	17:25
Almere Stad, Parkwijk West	15:49	15:57	16:04	16:12	16:19	16:26	16:34	16:42	16:48	16:57	17:05	17:14	17:19	17:27
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Almere Buiten, Eilandenbuurt Zuid	16:08	16:16	16:23	16:31	16:38	16:45	16:53	17:01	17:07	17:16	17:24	17:33	17:38	17:46
Almere Buiten, Eilandenbuurt Noord	16:09	16:17	16:24	16:32	16:39	16:46	16:54	17:02	17:08	17:17	17:25	17:34	17:39	17:47
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Almere Stad, Station Centrum	**17:30**	**17:36**	**17:45**	**17:52**	**17:59**	**18:07**	**18:14**	**18:22**	**18:29**	**18:37**	**18:45**	**18:53**	**19:06**	**19:22**
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Almere Stad, Flevoziekenhuis	17:32	17:38	17:47	17:54	18:01	18:09	18:16	18:24	18:31	18:39	18:47	18:55	19:08	19:24
Almere Stad, Greta Garboplantsoen	17:33	17:39	17:48	17:55	18:02	18:10	18:17	18:25	18:32	18:40	18:48	18:56	19:09	19:25
Almere Stad, Parkwijk West	17:35	17:41	17:50	17:57	18:04	18:12	18:19	18:27	18:34	18:42	18:50	18:58	19:11	19:27
Almere Stad, Station Parkwijk	17:38	17:44	17:53	18:00	18:07	18:15	18:22	18:30	18:37	18:45	18:53	19:01	19:13	19:29
Almere Stad, Verzetswijk	17:38	17:44	17:53	18:00	18:07	18:15	18:22	18:30	18:37	18:45	18:53	19:01	19:13	19:29
Almere Stad, Tussen de Vaarten-N.	17:40	17:46	17:55	18:02	18:09	18:17	18:24	18:32	18:39	18:47	18:55	19:03	19:15	19:31
Almere Buiten, Landgoederenbuurt	17:42	17:48	17:57	18:04	18:11	18:19	18:26	18:34	18:41	18:49	18:57	19:05	19:17	19:33
Almere Buiten, Faunabuurt	17:43	17:49	17:58	18:05	18:12	18:20	18:27	18:35	18:42	18:50	18:58	19:06	19:18	19:34
Almere Buiten, Bloemenbuurt	17:45	17:51	18:00	18:07	18:14	18:22	18:29	18:37	18:44	18:52	19:00	19:08	19:20	19:36
Almere Buiten, Station Buiten	17:48	17:54	18:03	18:10	18:17	18:25	18:32	18:40	18:47	18:55	19:03	19:11	19:23	19:39
Almere Buiten, Regenboogbuurt Noord	17:51	17:57	18:06	18:13	18:20	18:28	18:35	18:43	18:50	18:58	19:06	19:14	19:26	19:42
Almere Buiten, Regenboogbuurt Zuid	17:53	17:59	18:08	18:15	18:22	18:30	18:37	18:45	18:52	19:00	19:08	19:16	19:28	19:44
Almere Buiten, Eilandenbuurt Zuid	17:54	18:00	18:09	18:16	18:23	18:31	18:38	18:46	18:53	19:01	19:09	19:17	19:29	19:45
Almere Buiten, Eilandenbuurt Noord	17:55	18:01	18:10	18:17	18:24	18:32	18:39	18:47	18:54	19:02	19:10	19:18	19:30	19:46
Almere Buiten, Station Oostvaarders	**17:57**	**18:03**	**18:12**	**18:19**	**18:26**	**18:34**	**18:41**	**18:49**	**18:56**	**19:04**	**19:12**	**19:20**	**19:32**	**19:48**

Almere Stad, Station Centrum	**19:38**	**19:52**	**20:08**	**20:23**	**20:41**	**20:53**	**21:08**	**21:22**	**21:39**	**21:52**	**22:07**	**22:25**	**22:37**	**22:52**
Almere Stad, Stadhuisplein	19:39	19:53	20:09	20:24	20:42	20:54	21:09	21:23	21:40	21:53	22:08	22:26	22:38	22:53
Almere Stad, Flevoziekenhuis	19:40	19:54	20:10	20:25	20:43	20:55	21:10	21:24	21:41	21:54	22:09	22:27	22:39	22:54
Almere Stad, Greta Garboplantsoen	19:41	19:55	20:11	20:26	20:44	20:56	21:11	21:25	21:42	21:55	22:10	22:28	22:40	22:55
Almere Stad, Parkwijk West	19:43	19:57	20:13	20:28	20:46	20:58	21:13	21:27	21:44	21:57	22:12	22:30	22:42	22:57
Almere Stad, Station Parkwijk	19:45	19:59	20:15	20:30	20:48	21:00	21:15	21:29	21:46	21:59	22:14	22:32	22:44	22:59
Almere Stad, Verzetswijk	19:45	19:59	20:15	20:30	20:48	21:00	21:15	21:29	21:46	21:59	22:14	22:32	22:44	22:59
Almere Stad, Tussen de Vaarten-N.	19:47	20:01	20:17	20:32	20:50	21:02	21:17	21:31	21:48	22:01	22:16	22:34	22:46	23:01
Almere Buiten, Landgoederenbuurt	19:49	20:03	20:19	20:34	20:52	21:04	21:19	21:33	21:50	22:03	22:18	22:36	22:48	23:03
Almere Buiten, Faunabuurt	19:50	20:04	20:20	20:35	20:53	21:05	21:20	21:34	21:51	22:04	22:19	22:37	22:49	23:04
Almere Buiten, Bloemenbuurt	19:52	20:06	20:22	20:37	20:55	21:07	21:22	21:36	21:53	22:06	22:21	22:39	22:51	23:06
Almere Buiten, Station Buiten	19:55	20:09	20:25	20:40	20:58	21:10	21:25	21:39	21:56	22:09	22:24	22:42	22:54	23:09
Almere Buiten, Regenboogbuurt Noord	19:58	20:12	20:28	20:43	21:01	21:13	21:28	21:42	21:59	22:12	22:27	22:45	22:57	23:12
Almere Buiten, Regenboogbuurt Zuid	20:00	20:14	20:30	20:45	21:03	21:15	21:30	21:44	22:01	22:14	22:29	22:47	22:59	23:14
Almere Buiten, Eilandenbuurt Zuid	20:01	20:15	20:31	20:46	21:04	21:16	21:31	21:45	22:02	22:15	22:30	22:48	23:00	23:15
Almere Buiten, Eilandenbuurt Noord	20:02	20:16	20:32	20:47	21:05	21:17	21:32	21:46	22:03	22:16	22:31	22:49	23:01	23:16
Almere Buiten, Station Oostvaarders	**20:04**	**20:18**	**20:34**	**20:49**	**21:07**	**21:19**	**21:34**	**21:48**	**22:05**	**22:18**	**22:33**	**22:51**	**23:03**	**23:18**

Almere Stad, Station Centrum	**23:07**	**23:23**	**23:38**	**23:53**	**00:07**	**00:23**	**00:35**	**00:52**	**01:04**	**01:19**	**01:47**
Almere Stad, Stadhuisplein	23:08	23:24	23:39	23:54	00:08	00:24	00:36	00:53	01:05	01:20	01:48
Almere Stad, Flevoziekenhuis	23:09	23:25	23:40	23:55	00:09	00:25	00:37	00:54	01:06	01:21	01:49
Almere Stad, Greta Garboplantsoen	23:10	23:26	23:41	23:56	00:10	00:26	00:38	00:55	01:07	01:22	01:50
Almere Stad, Parkwijk West	23:12	23:28	23:43	23:58	00:12	00:28	00:40	00:57	01:09	01:24	01:52
Almere Stad, Station Parkwijk	23:14	23:30	23:45	00:00	00:14	00:30	00:42	00:59	01:11	01:26	01:54
Almere Stad, Verzetswijk	23:14	23:30	23:45	00:00	00:14	00:30	00:42	00:59	01:11	01:26	01:54
Almere Stad, Tussen de Vaarten-N.	23:16	23:32	23:47	00:02	00:16	00:32	00:44	01:01	01:13	01:28	01:56
Almere Buiten, Landgoederenbuurt	23:18	23:34	23:49	00:04	00:18	00:34	00:46	01:03	01:15	01:30	01:58
Almere Buiten, Faunabuurt	23:19	23:35	23:50	00:05	00:19	00:35	00:47	01:04	01:16	01:31	01:59
Almere Buiten, Bloemenbuurt	23:21	23:37	23:52	00:07	00:21	00:37	00:49	01:06	01:18	01:33	02:01
Almere Buiten, Station Buiten	23:24	23:40	23:55	00:10	00:24	00:40	00:52	01:09	01:21	01:36	02:04
Almere Buiten, Regenboogbuurt Noord	23:27	23:43	23:58	00:13	00:27	00:43	00:55	01:12	01:24	01:39	02:07
Almere Buiten, Regenboogbuurt Zuid	23:29	23:45	00:00	00:15	00:29	00:45	00:57	01:14	01:26	01:41	02:09
Almere Buiten, Eilandenbuurt Zuid	23:30	23:46	00:01	00:16	00:30	00:46	00:58	01:15	01:27	01:42	02:10
Almere Buiten, Eilandenbuurt Noord	23:31	23:47	00:02	00:17	00:31	00:47	00:59	01:16	01:28	01:43	02:11
Almere Buiten, Station Oostvaarders	**23:33**	**23:49**	**00:04**	**00:19**	**00:33**	**00:49**	**01:01**	**01:18**	**01:30**	**01:45**	**02:13**